Certificate and Doctorate of Vitalistic Healing Program

C.V.H. Certificate and D.V.H. Degree Offered by the <u>Home Temple School of Sacred Studies</u>



JOIN OUR MAILING LIST

Answer your calling as a Vitalistic Healer!

Certification program in Vitalistic Healing

Self-Paced Program, Start Any Time

- Learn to make potent alchemical elixirs in tune with planetary energies as taught by medieval alchemist Paracelsus.
- Shine light on your karmas and destiny, and learn to do the same for others, through Vedic astrology.
- Develop compassion, the heart of healing, through Bodhisattva of Compassion practice.
- Develop your innate healing ability through Medicine Buddha practice.
- Develop a relationship with, and make offerings to, beings of all realms though smoke offering practice. This practice also clears karmic debts, removes obstacles of all kinds, and can be performed for yourself and others.
- Develop divination skills based on the five elements.
- Learn sound healing though the power of mantra and learn how to choose mantras for clients based on their presenting issues.
- Learn to support people though life-death transition through Bardo teachings and prepare yourself as well.
- Develop clarity in sleep and dream states through Dream yoga.

YouTube video of WebEx introductory conference on the Vitalistic Healing course. Click on the image below:



Introduction to Vedic Astrology. Click <u>HERE</u> to watch on YouTube.

Details:

You can participate in this course from anywhere in the world by viewing the multimedia classes at your own pace. The course consists of 12 day -long sessions, that are completed at the rate of one per month, making this a one year program.

You will be expected to read, study, and practice the skills you learn in each session to be ready for the next session. It is suggested you devote 5-10 hours per week for to the program. There are final projects due at the end to demonstrate your skills and be eligible for ordination.

Upon successful completion you will receive a Certificate in Vitalistic Healing and you will be eligible to be ordained as a Home Temple Minister of Vitalistic Healing. The Home Temple is a 501(3)c tax exempt religious organization based on principles of vitalism (see bottom of page).

Students who complete modules 1-5 of the Caduceus homeopathic program in addition to this program will receive a doctorate in Vitalistic Healing (DVH). This is a seminary credential rather than an academic degree.

Main Instructor :



Willa Keizer is a classical homeopath, Vedic

astrologer, and hypnotherapist who has been in practice for more than twenty years. She is the director of the Caduceus Institute of Classical Homeopathy, and holds a Doctorate of Divinity from the Home Temple School of Sacred Studies. She spent 8 years in Indonesia in her young adulthood, practicing and teaching a meditative martial art focused on healing. She has traveled in Nepal and India to study Vedic astrology and for spiritual retreat.

Guest Faculty:



Tulku Orgyen Phuntsok will be giving transmissions and teachings on two core healing practices in March, as well as life-death transition teachings in September.

At a young age Tulku Orgyen P'huntsok was recognized by H.H. Dudjom Rinpoche as the reincarnation of Togden Kunzang Longdrol, or Togden Sithar, a great Dzogchen yogi from the Powo region who had been a main disciple of his, and who had been influential in spreading the Dharma, both in Tibet and in Padmasambhava's sacred Hidden Land of upper and lower Pemaköd.

Tulku Orgyen spent his early years in retreat in Pemaköd, his birthplace in northeastern India, at his own monastery under the blessings of his first root teacher, the great master Tulku Dawa Rinpoche. Tulku underwent vigorous training in multiple fields of study, including various ritual sadhana performances from different treasure lineages, with an emphasis on the Dudjom Tersar lineage, all under excellent care of his previous incarnation's disciples, including his father Lama Rigzin P'huntsok.

At the age of 15, Tulku Orgyen commenced advanced studies in southern India at Namdroling monastery, the largest Nyingma monastery in India, established by H.H. Penor Rinpoche, the previous Supreme Head of the Nyingma school of Tibetan Buddhism. Here Tulku Orgyen completed a nine-year-long program of study, obtaining the degree of Khenpo with excellent marks. While studying for his Khenpo degree, he was appointed to a teaching position for the duration of his final three years at the monastery. During this time, he taught various Buddhist philosophies to monks. Over the course of his nine years of study, he also received empowerments and transmissions from a number of lineage holders and great masters of the Nyingma lineage, including H.H. Penor Rinpoche. Upon completion of advanced studies at Namdroling monastery, Tulku Orgyen returned to his retreat land in Pemaköd, where he engaged in solitary retreat and completed the requisite practices to become a qualified Vajra Master in this lineage.

Since late 1999, Tulku Orgyen P'huntsok has assisted his uncle and teacher, Bhakha Tulku Rinpoche, by giving teachings, leading practices and retreats, and undertaking various other Dharma activities at Vairotsana Foundation Centers in California and New Mexico and in various cities in North America and Asia. In order to gain a western education and perspective, Tulku Orgyen studied and guest lectured at the University of California, Santa Barbara.





TUITION

Tuition is \$1,200 for the year of training and includes some materials needed for plant alchemy and practice texts. Some sliding scale is available for those in need. Additional texts to be purchased by the student include:

Path of Light Volumes one and two (Vedic astrology text) by James Kelleher

Magic Dance by Thinley Norbu

The Practical Handbook of Plant Alchemy by Manfred Junius

The Tibetan Book of Living and Dying by Sogyal Rinpoche

Please contact <u>willakeizer@gmail.com</u> to apply for the program, or if you have any questions.

"I cannot recommend enough the Vitalistic Healing Program. This program has immense impact on how it has sharpened my skills as a healer. Not only did it enhance and augment my training as a healer, it gave me so much perspective and insights to the different ways of diagnosis and of life in general. Just like the facets on a diamond, it gives one a more complete picture looking at things from various angles. I feel that this course is essential in the art of healing."

Miah Kim, DVH (Doctor of Vitalistic Healing)

"The Vitalistic Healing program was an important part of my homeopathic education. Not only did I gain tools for understanding and helping my clients, but I started down a road of philosophical and intuitive self-discovery that will continue for the rest of my life. Willa does a wonderful job of encapsulating such wide-ranging esoteric traditions. I look forward to participating in the updated course soon!"

Hart Matthews, DVH

YouTube video of WebEx introductory conference on the Vitalistic Healing course given October 10, 2013--one hour. Click on the image below:





INTRODUCTION TO VITALISTIC HEALING

There is a stream of Healers, East and West, who have attuned themselves with the stars and cosmos and used divinatory techniques, sacred toning, and alchemically potentised plant allies to promote healing and self- realization.

In ancient Egypt, the royal priests studied the operative forces of the universe and, through these studies, developed special skills in many areas, including medicine making. These remedies were prepared with accompanying words, spells, and rituals. Those consuming the medicines were instructed to take them in a sacred way which included healing tones and rituals. The deity associated with the priestly art of healing was Thoth, who was known to the Greeks as Hermes.

The Hermetic Arts developed according to the dictum of Hermes as stated in the Emerald Tablet, "That which is above is as that which is below, and that which is below is as that which is above, to perform the miracles of the One."

Much later, the Roman world became Christian, and many practitioners of the Hermetic arts fled to the Arab lands so that they could practice their Art freely, without persecution. It was there Arabic prefix "Al" was added to the Greek word "khem" (Black earth, referring to Egypt) to form what we now know as Al – khemi or Alchemy. This is one way that the stream of Vitalistic Healing has come to us.

There are many branches of this stream to be found in both the Eastern and Western world. The Greek philosopher Empedocles was a follower of Pythagoras. Born in 492 BC, Empedocles was a shaman and mystic helped people to "incubate" while "lying in a lair" to so that they would access higher states of consciousness and have transformative and healing experiences. He offered the sick "prophesies" and "words of healing" He is also known for

being the originator of the four element theory: air, water, fire, earth.

These streams of Vitalistic Healing are found all over the Eastern world as well, with highly developed traditions in both China and India. In India, the ancient wisdom tradition known as the Vedas is an important source of sacred sounds (mantra) as well as knowledge of the celestial influence (Vedic Astrology).

I have been involved in a branch of this ancient stream in my work as a homeopath. Homeopathy has been described as the only branch of Hermetic Science that has attained some level of success in any mainstream society, probably because it is cloaked in normalities such as a medical type interview and small white pills as medicines.



Now at this critical moment in human evolution, we are seeing a new impulse and revival of Vitalistic Healing practices. These traditions are like a buried treasure, which is now resurfacing.

In astrology, healing is associated with the Moon, who is the Mother and the Divine Feminine in all Her forms, both beautiful and terrifying. This ancient tradition offers a path to develop our own natural, innate abilities to heal ourselves and others. It offers us a connection with the Divine Feminine who would like to return to our societies and our hearts. And most of all, it offer us Hope and Light which our times so desperately call for.

Many healing therapies are based on the understanding that there is a life force which flows through the body. When the flow of ths life force is harmonious we feel well, and when it is disordered we feel sick. Bringing balance to the life force is the goal of many methods of natural medicine.

There is also a corresponding life force in plants. From a yogic perspective, plants contain a special form of *agni* (sacred fire) that allows them to digest light, something that a human or animal cannot do. The special light-based *agni* of plants can connect to the *agni* in the human body. The plant *agni* warms and stimulates the human life-force, and brings about healing.

There are different methods of preparing plants to optimize their healing properties. Plant alchemy is a system of healing developed by the 15th century alchemist, Paracelsus. It is based on potentising and refining the energies of plants to develop their healing powers.

This process separates and recombines the body, soul and spirit of the plant, using astrological timings. The body of the plant is the actual plant material, which is refined by fire, while the soul is found in the essential oil. The spirit of the plant is dissolved into grape spirits, as grape is considered to have the highest vibration of the plant world and refines all other plants.

Taking a plant through the alchemical process enlivens and increases the vibration of the plant, magnifying its qualities and bringing out the spiritual blessings and gifts of the plant world for human consumption.



An example of a plant that can be prepared alchemically is Lotus. Sacred Lotus offers the energy of serenity and purity, and clears and quiets the mind like a calm, peaceful lake. Just as the ethereal lotus arises from the mud, serenity and compassion can arise from the confusion of our ordinary life with Lotus elixir.

Lotus elixir is made in tune with the energy of the moon. The moon in astrology represents the great luminous mother who peacefully offers the healing nectars of her rays equally to all of earth's creatures. When prepared in harmony with the moon's energies, Lotus carries these nurturing, calming qualities.

If your mind is quiet and turned inward, you can feel the shift immediately with alchemical elixirs. As soon as the drops touch your tongue, the essence of the healing plant energy connects with your *prana/chi* and you experience healing and an energetic shift.

Any medicinal plant can be prepared alchemically as a spagyric. An alchemical elixir is an energy medicine and since only small amounts are taken they are unlikely to cause unwanted side effects.

Alchemical elixirs can be helpful for improving mood, relieving anxiety and stress, and enhancing meditation, prayer, yoga, *Tai Chi,* or other contemplative practices. They offer the ability to return to a natural serene state where healing can occur.